OTWAY HEALTH NEWS



In the event of an emergency please call 000. Our Urgent Care Unit operates 24 hours per day / 7 days per week.

For more information and to book health and community services please phone Otway Health Reception: (03) 5237 8500 or email info@otwayhealth.org.au

Learn more about our Aged Care Program at the Otway Health Annual General Meeting

Based on *Montessori* principles, our program is designed to motivate, engage and encourage independent living through activities that stimulate the mind, body and soul.

Whether you're living in residential aged care, living on your own, or perhaps your loved ones are in need of care assistance, our program supports individuals to be as independent as possible, for as long as possible.

Guest Speaker, Facilitator Wendy Henderson from Dementia Australia will be discussing the benefits of incorporating Montessori principles into aged care to help combat conditions such as Dementia, and improve quality of life.

> The AGM will be held on: Thursday 30 November, 2017 at 7.00pm Apollo Bay Hotel, SS Casino Room Please join us! Refreshments provided.

> > YOU TALKED. WE LISTENED. Tea Talk Outcomes Explained Communication and Direction



Members of our community expressed their appreciation for Otway Health and its infrastructure during our Tea Talks, but also highlighted that some areas of Otway Health were in desperate need of an upgrade. As part of our improvement efforts, and using a portion of funding from our successful grant application in the Regional Health Infrastructure Fund, we have been able to make significant upgrades to our external signage, particularly highlighting our Urgent Care Unit entrance. The entrance now carries a professional feel to the community, with bright, ample signage that clearly marks out how to access our Urgent Care Unit.

UPCOMING VISITING SERVICES

Physiotherapy Every Monday and Thursday Please note that if you cancel your physiotherapy appointment with less than 24 hours notice you will be charged the full appointment fee.

Volunteer Mentors and Learner Drivers Wanted

Are you a fully licenced driver OR do you have a learner permit but can't get consistent practice?

We need volunteer mentors and learner drivers to join our L2P Program in Apollo Bay. Using our vehicle, mentors help local young people gain their 120 hours of driving practice needed to apply for a probationary licence. L2P Program information is available at Marrar Woorn Neighbourhood House and available on Wednesdays. To register your interest please contact the L2P Program Coordinator:

Mobile: 0490 040 078 (Mon-Thur) Email: colacotwayL2P@communityhubinc.org.au

Nursing Recruitment Campaign Underway A recruitment campaign to attract Registered Nurses, RIPERNS and Nurse Graduates to join our exciting new Rural Pathways Program has been launched on social media and via our website. Discover your journey along the rural health pathway and work and play in some of the most pristine coastline on the planet. To learn more and apply, visit the following link: http://applynow.net.au/jobs/94014

Federal Government Changes to Subsidised Aged Care Services - Register with My Aged Care

Clients will now need to register with *My Aged Care* in order to access community nursing and allied health services through Otway Health. *My Aged Care* is a Federal Government website and phone line that helps clients to find information and access subsidised

clients to find information and access subsidised services that may be available to them. To register:

Phone: 1800 200 422 | Website: www.myagedcare.gov.au Otway Health are planning to host a series of workshops at Marrar Woorn Neighbourhood House in early 2018 to assist clients through the registration process.

STAY CONNECTED WITH OTWAY HEALTH

Community Advisory Committee Email: CAC.OH@swarh.vic.gov.au

Otway Health Board Email: otwayboard@swarh.vic.gov.au

Otway Health Website & Social Media www.otwayhealth.org.au / @otwayhealthcomms