



## OTWAY HEALTH NEWS

In the event of an emergency please call 000.

Our Urgent Care Unit operates 24 hours per day / 7 days per week.

Location: 75 McLachlan Street, Apollo Bay

For more information and to book health and community services please phone

Otway Health Reception: (03) 5237 8500 or email [info@otwayhealth.org.au](mailto:info@otwayhealth.org.au)

### New GP Registrars at Apollo Bay Medical Centre

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**Dr Leighton Delmenico** will commence working Monday 4th February 2019. His days of work will be Mon - Thu (and alternate Saturdays, to be advised).

**Dr Alan Jardine** will commence on Tuesday 5th February 2019. His days of work will be Tue - Fri (and alternate Saturdays, to be advised).

A **GP Registrar** or "GP trainee" is a qualified doctor who is training to become a GP through a period of working and training in a medical practice. They will usually have spent at least two years working in a hospital before you see them in a practice and are closely supervised by a senior GP or trainer.

### INTRODUCING

#### Apollo Bay Medical Centre's Locum Doctor

##### Dr Afzal Khan

Dr Khan has over 12 years in General Practice, including 7 years experience in Australia. He is a fellow of Royal Australian College of General Practitioners (RACGP).

Clinical Interests; complete family health and chronic disease management.

\* Dr Khan will be working with us throughout January.

### APOLLO BAY MEDICAL CENTRE

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#### Festive Trading Hours

January 26: Closed

January 28: Open from 10am-1pm

#### Regular Trading Hours

Monday to Friday: 9am — 5:30pm

Saturday: see "Saturday Clinics" post (below)

Sunday: Closed

### SATURDAY CLINICS

Saturday clinics at the Apollo Bay Medical Centre have been welcomed by the community and are booking well. We will continue to provide as many Saturday clinics over summer as we are able.

**The next Saturday clinic is 12 January 10am – 1pm with Dr Aysha**

Book in by calling 5237 8595

\*Further Saturday Clinic dates will continue to be announced via Facebook and the News Sheet.

### VISITING & SUPPORT SERVICES

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#### Physiotherapy, Jewel

Mon 14 & Tue 15 & Thu 17 January

#### Exercise Physiologist, Campbell Craig

Monday 14 January

#### Australian Hearing

Wednesday 16 January

#### Podiatry, Matthew Payton

Friday 18 January

#### Legal Services

Friday 18 January

#### Dietetics with Ali Patterson

Commencing Friday 25 January

Available every 2nd Friday from 8.30am – 12.30pm

To make an appointment please call: 5237 8500

### Additional Visiting & Support Services

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#### Skin Clinics

January 23, 24, & 25

To make an appointment please call: 5237 8595

### Exercise Classes Commencing 2019



**Healthy Balance** Tuesday 29 January

**Strength For Life** Wednesday 30 January

**Strength For Life** Monday 4 February

### Upcoming Mens & Ladies Lunches 2019

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**Combined First Lunch:** Friday 25 January

**Ladies Lunch** Friday 22 February

**Mens Lunch** Monday 25 February

### STAY CONNECTED WITH OTWAY HEALTH

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**Otway Health Community Advisory Committee**

Email: [CAC.OH@swarh.vic.gov.au](mailto:CAC.OH@swarh.vic.gov.au)

#### Otway Health Board

Email: [otwayboard@swarh.vic.gov.au](mailto:otwayboard@swarh.vic.gov.au)

**Otway Health Website & Social Media**

[www.otwayhealth.org.au](http://www.otwayhealth.org.au) / @otwayhealthcomms