



OTWAY HEALTH NEWS

In the event of an emergency please call 000.

Our Urgent Care Unit operates 24 hours per day / 7 days per week.

Location: 75 McLachlan Street, Apollo Bay

For more information and to book health and community services please phone

Otway Health Reception: (03) 5237 8500 or email info@otwayhealth.org.au

Apollo Bay Medical Centre

Doctors in January

Dr Denise Ruth: available Tue, Wed & Thu

Dr Afzal Khan: available Mon - Fri

Dr Aysha Rasul: available Mon - Fri

Book-in online at;

apollobaymedicalcentre.net.au/appointments/

Skin Clinics, Dr Katrina White

January 23, 24, & 25

Or call reception on 5237 8595

Please make sure you have saved our new phone number for reception at the

Apollo Bay Medical Centre:

Ph 5237 8595

Our old phone number will no longer be re-directing calls to our new phone number

APOLLO BAY MEDICAL CENTRE

Festive Trading Hours

January 26: Closed

January 28: Open from 10am-1pm

Regular Trading Hours

Monday to Friday: 9am — 5:30pm

Saturday Clinics: recommence in February

Sunday: Closed

*The Board of Otway Health continue to engage with the wider community in relation to the plans to join with Lorne Community Hospital. Please feel welcome to come and meet with a Board member at the Apollo Bay market on Saturday January 19th or to book in for a tea talk by **phoning 5237 8500.***

STAY CONNECTED WITH OTWAY HEALTH

Otway Health Community Advisory Committee

Email: CAC.OH@swarh.vic.gov.au

Otway Health Board

Email: otwayboard@swarh.vic.gov.au

Otway Health Website & Social Media

www.otwayhealth.org.au / [@otwayhealthcomms](https://www.facebook.com/otwayhealthcomms)

ALLIED HEALTH SERVICES

Physiotherapy, Jewel

Mon 21 & Tue 22 January

Exercise Physiologist, Campbell Craig

Monday 21 January

Podiatry, Matthew Payton

Friday 25 January

Dietetics, Ali Patterson

Friday 25 January

To make an appointment please call: 5237 8500

Public Holiday—Monday 28th January

*Otway Health will be providing;
Delivered Meals, Personal Care &
Community Nursing.*

Exercise Classes Re-Commence for 2019

Healthy Balance Tuesday 29 January

Strength For Life Wednesday 30 January

Strength For Life Monday 4 February

Upcoming Mens & Ladies Lunches 2019

Combined First Lunch: Friday 25 January

Ladies Lunch Friday 22 February

Mens Lunch Monday 25 February

Have you got your tickets to the SECOND SAILS Summer Raffle?

There are several great prizes to be won!

Tickets are just \$1 each or 3 for \$2 at the Op Shop

1st Prize: \$390 worth of vouchers (inc. \$100 Beacon Point restaurant voucher)

2nd Prize: \$320 "Aussie Home" hamper

3rd Prize: \$250 "Home Décor" hamper

4th Prize: \$250 "Home Décor" hamper

5th Prize: \$200 "Beach" pack

6th Prize: \$140 "Chocolate and Wine" pack

7th Prize: \$75 "Groceries and Beach Hat" hamper

Raffle Drawn: 12pm Saturday 26th January @
Second Sails - 22 Pascoe St, Apollo Bay VIC 3233