



OTWAY HEALTH NEWS

In the event of an emergency please call 000.

Our Urgent Care Unit operates 24 hours per day / 7 days per week.

Location: 75 McLachlan Street, Apollo Bay

For more information and to book health and community services please phone

Otway Health Reception: (03) 5237 8500 or email info@otwayhealth.org.au

APOLLO BAY 
medical centre

We would love you to visit our new website

apollobaymedicalcentre.net.au

**Here you will find out about our range of services,
our growing team of GP's and be able to
book on-line.**

HOT DOC



You can also make your bookings through the
Hot Doc app (download the app via Apple Store or
Google) or through the Hot Doc website

www.hotdoc.com.au

The Otway Health Board, and our CEO Kate Gillan,
invite you to attend a
'Tea Talk' at our next **Community Lunch**,
to be held at 12.30 – 1.30pm on **Monday 4 February**,
Marrar Woom Neighbourhood House.

**PLEASE RSVP to Otway Health Reception on
5237 8500 for catering purposes and to advise any
dietary requirements.**

Caring about your privacy and confidentiality

Caring for our patients means we care about your
privacy and confidentiality – our Privacy policy covers
all areas of our service – urgent care, medical centre,
home care services and many more. Read more
about our privacy policy on our website:
[www.apollobaymedicalcentre.net.au/wp-content/
uploads/2019/01/PRIVACY-STATEMENT-2018.pdf](http://www.apollobaymedicalcentre.net.au/wp-content/uploads/2019/01/PRIVACY-STATEMENT-2018.pdf)

Please make sure you have saved our new phone
number for reception at the
Apollo Bay Medical Centre:
Ph 5237 8595

*Our old phone number will no longer be re-directing
calls to our new phone number*

ALLIED HEALTH SERVICES

Physiotherapy, Jewel

Tue 29, Thu 31 January

Podiatry, Matthew Payton

Friday 1 February

To make an appointment please call: 5237 8500

Public Holiday—Monday 28th January

*Otway Health will be providing;
Delivered Meals, Personal Care &
Community Nursing.*

Exercise Classes Re-Commence for 2019

Healthy Balance Tue 29 Jan: 11.30am—1pm

Strength For Life Mon 4 Feb: 2.15pm—3.15pm

Strength For Life Wed 6 Jan: 11.30am—12.30pm

Upcoming Mens & Ladies Lunches 2019

Combined First Lunch: Friday 25 January

Ladies Lunch Friday 22 February

Mens Lunch Monday 25 February

Acceptable Donations at SECOND SAILS Op Shop

We are very grateful for the generous donations we
have received over this festive season.

Just a friendly reminder to please donate during
operating hours. If you have large or heavier items
please call ahead to ensure we can accept it.

Our volunteers are working hard trying to keep things
organised and when we must discard of many goods
into the bin, it's very disappointing.

*Thank you for you cooperation,
the Second Sails team.*

STAY CONNECTED WITH OTWAY HEALTH

Otway Health Community Advisory Committee

Email: CAC.OH@swarh.vic.gov.au

Otway Health Board

Email: otwayboard@swarh.vic.gov.au

Otway Health Website & Social Media

www.otwayhealth.org.au / @otwayhealthcomms