



OTWAY HEALTH NEWS

In the event of an emergency please call 000.

Our Urgent Care Unit operates 24 hours per day / 7 days per week.

Location: 75 McLachlan Street, Apollo Bay

For more information and to book health and community services please phone

Otway Health Reception: (03) 5237 8500 or email info@otwayhealth.org.au

APOLLO BAY medical centre

Doctors for the Bay

Apollo Bay Medical Centre is excited to welcome a new team of doctors to the region. Joining our three permanent GPs of Dr Denise Ruth, Dr David Mullen and Dr Genevieve Mount, the practice has introduced a General Practitioner training program with Dr Denise Ruth as the principle GP supervisor, who will provide her knowledge and experience to support the Doctors who are undertaking their GP specialist training. Dr Leighton Delmenico and Dr Alan Jardine are fully trained Doctors who are now undergoing their GP specialist training and will be placed at Apollo Bay for the next year.

Kate Gillan, CEO Otway Health said, "The team at Apollo Bay Medical Centre has been working hard over the last 12 months to rebuild the practice to ensure it is well positioned to provide an excellent service to the community. This has enabled us to increase visiting specialists, allied health professionals and more importantly medical staff."

"We are working to ensure Apollo Bay Medical Centre has all the support it needs to thrive, which means putting in place a number of key elements;

- Provide a dedicated and quality training pathway for Doctors – training Doctors to become GP Specialists.
- Provide a rewarding and sustainable work environment with ongoing professional support and education and flexible work arrangements.
- Provide family support that includes opportunities for partners/employment in the local area, and subsidies for housing/relocation.
- Increase our wellness and preventative health services, with a focus on chronic disease and physical activity and nutrition.
- Building our integrated primary care focus in the one location – providing a wide range of permanent services, along with visiting specialists.

The Apollo Bay Medical Centre has settled into its new location at 75 McLachlan Street, Apollo Bay. It boasts a new website, Facebook page and online booking service. The Centre will also be asking the community to 'have your say' in the coming weeks, to gather feedback on what services the community would like to see in their local area.

ALLIED HEALTH SERVICES

Physiotherapy, Jewel

Monday 4, Tuesday 5 March

Exercise Physiology, Campbell Craig

Monday 4 March

Podiatry, Matthew Payton

Friday 8 March

Dietician, Ali Patterson

Friday 8 March

To make an appointment please call: 5237 8500

ABOUT OCCUPATIONAL THERAPY

The primary goal of occupational therapy is to enable people to participate in activities of everyday life. Occupational therapists achieve this by working with people and communities to enhance their ability to engage in the activities they would like/need to do. It may mean assisting to modify the activity or the environment.

Services We Offer Include:

- Assessment and rehabilitation of skills in self-care, home duties, performance at school or work, driving and leisure.
- Home or work assessment and modifications.
- Prescription, and education in use of, adapted equipment, hand therapy and splinting.
- Teaching ways to adapt to age related changes.
- Assisting children with any condition or disability that affects their ability to perform everyday activities at home, school or the community.

Expression of Interest Community Advisory Committee

Closing Soon

Otway Health is seeking expressions of interest to join our Community Advisory Committee (CAC).

The purpose of the Community Member role on the CAC is to advocate and represent the views of the Apollo Bay and catchment area community on ways to improve, increase and enhance the service delivery of Otway Health.

*To apply contact Georgina on gharrison@swarh.vic.gov.au
Applications close 5pm on March 1 2019.*

STAY CONNECTED WITH OTWAY HEALTH

Otway Health Community Advisory Committee

Email: CAC.OH@swarh.vic.gov.au

Otway Health Board

Email: otwayboard@swarh.vic.gov.au