



OTWAY HEALTH NEWS

In the event of an emergency please call 000.

Our Urgent Care Unit operates 24 hours per day / 7 days per week.

For more information and to book health and community services please phone
Otway Health Reception: (03) 5237 8500 or email info@otwayhealth.org.au

AN UPDATE FROM OTWAY HEALTH BOARD CHAIR, NICK SALKELD

Over the past month we have been addressing key themes that emerged from recent community *Tea Talks*, including maintaining access to 24/7 Urgent Care, communication and direction.

Our Telehealth trial is continuing to prove valuable with dozens of presentations being assessed and/or treated since the trial began in August this year.

The Otway Health Community Advisory Committee (OHCAC) met in the first week of October and discussed methods to improve communication with the community through the use of various media.

Newly appointed Social Worker, Amy Adair is settling into her role, working across both Otway Health and Lorne Community Hospital in a shared capacity.

The 23rd Otway Health Annual General Meeting is scheduled for Thursday 30th November, 7.00pm at the Casino Room, Apollo Bay Hotel. We are fortunate to have Wendy Henderson from Dementia Australia as our special guest. Wendy is a very passionate and motivated speaker, with an interest in the Montessori philosophy and its benefits for patients and their families living with dementia. I encourage community members with an interest in both the outcomes of Otway Health and the effects of dementia to attend. Please RSVP by 24 November, 2017 via email to [Anna Creasey](mailto:Anna.Creasey@swarh.vic.gov.au), Board Secretariat - acreasey@swarh.vic.gov.au or phone Reception.

Hear more from Nick by tuning into 3ABR Apollo Bay Radio on Tuesday 7 November from 11.00am, or download the podcast and listen later on:

<https://apollobayradio.podbean.com/>

Keeping you informed,
Nick Salkeld

A Word on Montessori and Dementia

Many of us are familiar with the term *Montessori* as it applies to education, but only a few of us in Australia are familiar with the application of Montessori methods for Dementia. As an innovative method of working with older adults living with cognitive and/or physical impairments, Montessori has the potential to change the lives of people in residential care and enhance the lives of people in their own homes by focussing on supporting both the person and the environment which is adapted to support memory loss and independence, paving the way for independence, high self-esteem and a promising future.

Montessori for Dementia is based on the educational philosophies of famed childhood educator
Dr Maria Montessori.

Learn more about Montessori for Dementia:
<http://montessorifordementia.com.au/>

UPCOMING VISITING SERVICES

Physiotherapy

Every Monday and Thursday

Please note that if you cancel your physiotherapy appointment with less than 24 hours notice you will be charged the full appointment fee.

Australian Hearing

Friday 10 November

To make a booking phone: (03) 5233 9100

Legal Services

Friday 17 November

Federal Government Changes to Subsidised Aged Care Services - Introducing My Aged Care

The Federal Government has made changes to the way appointments can be made for eligible older persons who access community nursing and allied health services.

Clients will now need to register with *My Aged Care* - a Federal Government website and phone line that helps clients to find information and access subsidised services that may be available to them.

To register with My Aged Care:

Phone: 1800 200 422

Visit the website: www.myagedcare.gov.au

Otway Health are planning to host a series of workshops at Marrar Woom Neighbourhood House in early 2018 to assist clients through the registration process.

With these changes also comes a review of service fees which we will communicate to clients individually and to the wider community as we become aware of them.

We will continue to keep you informed.

EXPRESSIONS OF INTEREST

Otway Health Community Advisory Committee

Expressions of interest are now open for local volunteers to join the OHCAC. Please email

CAC.OH@swarh.vic.gov.au to obtain an

Expression of Interest Form or visit our website.

Applications close Friday 17 November, 2017.

Look out online for our new Recruitment Campaign for Registered Nurses - applications open now!

STAY CONNECTED WITH OTWAY HEALTH

Community Advisory Committee

Email: CAC.OH@swarh.vic.gov.au

Otway Health Board

Email: otwayboard@swarh.vic.gov.au

Otway Health Website & Social Media

www.otwayhealth.org.au / [@otwayhealthcomms](https://www.facebook.com/otwayhealthcomms)