



OTWAY HEALTH NEWS

In the event of an emergency please call 000.
Our Urgent Care Unit operates 24 hours per day / 7 days per week.

For more information and to book health and community services please phone
Otway Health Reception: (03) 5237 8500 or email info@otwayhealth.org.au

Highlights from our 23rd Annual General Meeting



Board Chair, Nick Salkeld with Guest Speaker,
Wendy Henderson from Dementia Australia.

Otway Health's Annual General Meeting was held on Thursday 30 November at Apollo Bay Hotel. Board Chair, Nick Salkeld delivered the Board report for the last financial year, reporting positive results in financial management as a result of good governance. CEO, Kate Gillan gave thanks to the community for their insight and feedback through Otway Health's 'Tea Talk' discussions, and addressed key themes and findings regarding 24/7 Urgent Care, Communication and Direction, Residential Care, Workplace Culture and the Otway Health Community Advisory Committee. Ms Gillan also acknowledged the contributions of Otway Health staff for their service and dedication to providing quality healthcare to the community. Board Director, Dr Joy Humphreys thanked Otway Health's volunteers for their tireless efforts in supporting Otway Health and members of the community, particularly highlighting Second Sails Auxiliary for donating over \$1.6 million since 2008, and the Apollo Bay and District Health Foundation for their financial contributions to improve facilities and equipment in our 24/7 Urgent Care Unit. A highlight of the AGM was an appearance by Guest Speaker, Facilitator Wendy Henderson from Dementia Australia, who addressed the audience with an engaging talk on how incorporating Montessori principles into aged care can assist individuals to live happy, health and independently for as long as possible. The evening ended positively and staff, volunteers and members of the community celebrated with refreshments over a social chat. A wonderful effort made by all.

UPCOMING VISITING SERVICES

Physiotherapy

Every Monday and Thursday
Please note that if you cancel your physiotherapy appointment with less than 24 hours notice you will be charged the full appointment fee.

Legal Services

Friday 15 December

SUMMER PROGRAM COMING!

Marrar Woon Neighbourhood House

Look out for Marrar Woon's Summer Program in January, featuring soothing Mindfulness workshops, relaxing African Drumming sessions and more. Register your interest by contacting Coordinator, Jodii Anderson on 5237 8500.

Nursing Recruitment Campaign Underway

A recruitment campaign to attract Registered Nurses, RIPERNS and Nurse Graduates to join our exciting new Rural Pathways Program has been launched on social media and via our website. Discover your journey along the rural health pathway and work and play in some of the most pristine coastline on the planet. To learn more and apply, visit our website.

Federal Government Changes to Subsidised Aged Care Services - Register with My Aged Care

Clients aged 65 years or older (or aged 50 years or older and of Aboriginal/Torres Strait Islander descent), will now need to register with *My Aged Care* in order to access community nursing and allied health services through Otway Health. *My Aged Care* is a Federal Government website and phone line that helps clients to find information and access subsidised services that may be available to them. To register:

Phone: 1800 200 422 | Website: www.myagedcare.gov.au

Otway Health are planning to host a series of workshops at Marrar Woon Neighbourhood House in early 2018 to assist clients through the registration process.

STAY CONNECTED WITH OTWAY HEALTH

Community Advisory Committee

Email: CAC.OH@swarh.vic.gov.au

Otway Health Board

Email: otwayboard@swarh.vic.gov.au

Otway Health Website & Social Media

www.otwayhealth.org.au / [@otwayhealthcomms](https://www.facebook.com/otwayhealthcomms)