

**24/7 On-call After Hours Service — Otway Health Ph: 5237 8500**

**Location: 75 McLachlan Street, Apollo Bay**

Apollo Bay Medical Centre Ph: 5237 8595 | Email: [apollobaymedicalcentre@gorh.vic.gov.au](mailto:apollobaymedicalcentre@gorh.vic.gov.au)

Otway Health Reception Ph: 5237 8500 | Email: [enquiries@gorh.vic.gov.au](mailto:enquiries@gorh.vic.gov.au)

### A Message From our CEO

What a great start to December, with summer weather and lots of activities going on!

We are celebrating our volunteers this week with a celebratory lunch at Wye River. Our Volunteers work tirelessly to ensure that our health service provides extra care. Our volunteers work across many areas including; patient transport, gardening, aged care, at the Apollo Bay Second Sails Op Shop and deliver meals.

We also have volunteers on our committees, such as the Community Advisory Committee and on the Safety and Clinical Governance Board committee. They are a very much appreciated part of our health service and we are delighted to be able provide a Christmas lunch this week to celebrate.

To all our volunteers, we sincerely thank you for everything you do.

Thanks,

Sandy

### Diabetes Information and Support Group

Great Ocean Road Health Diabetes Educator, Celia Clarke would like to invite you to attend a Diabetes Information and Support group.

The topic is 'Annual Cycle of Care in Diabetes'. Each session will involve a morning tea, get together, an education session, up to date information on diabetes management and a guest speaker.

**When:** Apollo Bay - Monday 19 December

**Time:** 10am - 11.30am

**Where:** Marrar Woorn Meeting Room

**Cost:** Gold coin donation

**Enquiries:** contact Celia on 0419 157 525 or [Celia.Clarke@gorh.vic.gov.au](mailto:Celia.Clarke@gorh.vic.gov.au)

### Second Sails Op Shop

'Tis the season'

Second Sails is happy to announce we are extending our trading hours.

**Monday:** 10am to 4pm

**Tuesday:** 10am to 2pm (from 13<sup>th</sup> Dec) closed 6<sup>th</sup> Christmas party.

**Wednesday:** 10am to 4pm

**Thursday:** 10am to 4pm

**Friday:** 10am to 4pm

**Saturday:** 10am to 3pm

Don't forget you can purchase gift vouchers valued at \$10 or \$25 to spend at Second Sails.

Perfect gift for all.

### Reach out Rural Learning Hub

Great Ocean Road Health is again partnering with Alpine Institute (RTO) to offer a CHC33015 Certificate III in Individual Support at your doorstep.

With blended online and face-to-face training options and traineeship opportunities, make 2023 your year for career progression and job prosperity!

CHC33015 Certificate III in Individual Support has been designed for those who intend to work in Aged Care services (residential care) and Home and Community Care (HACC) who follow an individualised plan to provide person-centred care to people who may require support due to ageing or disability.

Register your interest for a February, 2023 start.

This training is delivered with Victorian and Commonwealth Government Funding. Job Trainer and Skills First funding is available for eligible enrolments.

If you are interested in upskilling, learning on the job and becoming a part of our Community Care Team, please get in contact with Charlotte Leorke

([Charlotte.Leorke@gorh.vic.gov.au](mailto:Charlotte.Leorke@gorh.vic.gov.au)) or Aimee Pickering ([Aimee.Pickering@gorh.vic.gov.au](mailto:Aimee.Pickering@gorh.vic.gov.au))