

24/7 On-call After Hours Service — Urgent Care Ph: 5237 8595**Location: 75 McLachlan Street, Apollo Bay**Apollo Bay Medical Centre Ph: 5237 8595 | Email: apollobaymedicalcentre@gorh.vic.gov.auApollo Bay Campus Reception Ph: 5237 8500 | Email: enquiries@gorh.vic.gov.au

A Message from our CEO

COVID is again making its presence felt across the region, with more presentations to urgent care and more of our staff suffering with the latest variant. We are offering COVID vaccinations at the Apollo Bay Medical Centre by appointment, please call 52378595 to access your latest booster. To be eligible you need to not have had COVID or a booster within the last 6 months and be an adult.

We are also preparing for a long Influenza season and are encouraging all members of the community to book in for their yearly flu vaccination at the Medical Centre. There are multiple flu clinics available in May. We are also delighted to be offering more and different services at the neighbourhood house, check out the facebook page for details or drop in.

We have had a challenging start to the year with COVID, bushfires and some widespread IT issues over the weekend. As usual our amazing staff were able to still provide great care despite the difficulties.

Apollo Bay Medical Centre

We are welcoming back Dr Terence Heng on a part-time basis over the next few weeks. He is still recovering from major surgery so will be easing back into practice.

COVID vaccination clinics are available and multiple Flu Vaccination clinics have been scheduled, please note:

You can have your COVID and flu vax on the same day, there is no requirement to wait between vaccines anymore

You need to wait a period of 6 months between COVID boosters/infections before this booster

Keep Up To Date

There are so many ways you can keep up to date with what's happening here at Great Ocean Road Health:

Email: enquiries@gorh.vic.gov.au

Facebook: Great Ocean Road Health

GORH website: www.greatoceanroadhealth.com.au

Reach out Rural Learning Hub

Great Ocean Road Health is again partnering with Alpine Institute (RTO) to offer a CHC33015 Certificate III in Individual Support at your doorstep.

With blended online and face-to-face training options and traineeship opportunities, make 2023 your year for career progression and job prosperity!

CHC33015 Certificate III in Individual Support has been designed for those who intend to work in Aged Care services (residential care) and Home and Community Care (HACC) who follow an individualised plan to provide person-centred care to people who may require support due to ageing or disability.

Register your interest for a June, 2023 start.

If you are interested in upskilling, learning on the job and becoming a part of our Community Care Team, please get in contact with Charlotte Leorke
Charlotte.Leorke@gorh.vic.gov.au

Social Support Outings

Colac Shopping Bus – Monday 1st of May, pick-ups begin from 10.30am. Catch the GORH bus to Colac for grocery shopping and lunch. To RSVP please contact Charlotte on 0439 712 844.

Ladies lunches will be held on Friday the 28th of April at 12pm. Ladies lunches will now be held at **Great Ocean Road Brewhouse**. To RSVP please contact reception on 5237 8500.

Men's lunches will be held on Monday the 24th of April at 12.30pm. Men's lunches will now be held at **Great Ocean Road Brewhouse**. To RSVP please contact reception on 5237 8500.

Information can be found on our website at www.greatoceanroadhealth.com.au/social-support-and-exercise-groups/